



# AVEIKA

VEGAN MENU

## APPETIZERS

- EDAMAME BEANS** (220KCAL) **4**  
STEAMED & SERVED WITH SEA SALT
- CHILLI EDAMAME BEANS** (220KCAL) **4**  
STEAMED & SERVED WITH CHILLI SAUCE
- WHITE TRUFFLE EDAMAME BEANS** (260KCAL) **6**  
STEAMED & TOSSED WITH TRUFFLE OIL & SEA SALT

## STARTERS

- MUSHROOM & PEPPER** (142KCAL) **8**  
SHIITAKE MUSHROOM, PEPPER & COURGETTE SKEWERS, MARINATED IN GARLIC & GINGER
- VEGETABLE TACO (2PCS)** (231KCAL) **6.5**  
CUCUMBER, ASPARAGUS, CARROT & AVOCADO WITH WASABI MAYO

## SUSHI

- URAMAKI** (4 PCS - INSIDE OUT SUSHI ROLL)  
**YASAI ROLL ✕** (159KCAL) **9**  
AVOCADO, CUCUMBER, CARROT & ASPARAGUS
- MAKI** (3PCS - VEGETABLES WRAPPED WITH RICE IN NORI)  
**INARI** (TOFU) (138KCAL) **5**  
**AVOCADO** (111KCAL) **5**  
**ASPARAGUS** (75KCAL) **5**
- TEMAKI** (HAND ROLLED CONE-SHAPED NORI)  
**INARI** (TOFU) (220KCAL) **5**  
**AVOCADO** (220KCAL) **5**  
**ASPARAGUS** (220KCAL) **5**
- GUNKAN** (2PCS - BALLED RICE WRAPPED WITH NORI)  
**AVOCADO** (150KCAL) **5**  
**ASPARAGUS** (110KCAL) **5**
- NIGIRI** (2PCS - BALLED RICE WITH TOPPINGS)  
**INARI** (TOFU) (162KCAL) **5**  
**AVOCADO** (150KCAL) **5**  
**ASPARAGUS** (110KCAL) **5**

## MAIN COURSES

- YELLOW VEGETABLE CURRY ✕** (870KCAL) **15**  
AUBERGINE, COURGETTE, PEPPERS, SERVED WITH STEAMED RICE
- JAPANESE MUSHROOM & PEPPER ROBATA** (721KCAL) **14**  
SHIITAKE MUSHROOM, PEPPER, COURGETTE, MARINATED IN GARLIC & GINGER SERVED WITH MISO VEGETABLES AND STEAMED RICE
- VEGETABLE STIR FRY** (220KCAL) **12**  
RAMEN NOODLES, PEPPERS, COURGETTE, AUBERGINE, SHIITAKE MUSHROOM AND TENDER STEM BROCCOLI
- VEGETABLE FRIED RICE** (220KCAL) **10**  
PEPPERS, CHILLI, SPRING ONION, CORIANDER, SWEET SOY, SRIRACHA & TENDER STEM BROCCOLI

## SIDES

- SALT & PEPPER SWEET POTATO FRIES** (272KCAL) **4.5**
- CHILLI & GARLIC FRIES** (430KCAL) **4.5**
- STEAMED RICE** (234KCAL) **3**
- RAMEN NOODLES, LIME & HONEY** (334KCAL) **4**
- STEAMED VEGETABLES** (220KCAL) **4**